



St Dominic Catholic Elementary School

Week at a Glance

Phone 705-878-3660 Twitter @StDom122

Facebook St Dominic Catholic Elementary School

Website sites.google.com/a/pvnccdsb.on.ca/stdominic/

Week of January 29, 2018				
Monday January 29	Tuesday January 30	Wednesday January 31	Thursday February 1	Friday February 2
OT in building Mrs Piggott at Family of Schools volleyball in am	Breakfast Program CDA in building TEAM Tuesday Remember to wear your t-shirt	Snow date for FOS volleyball AM Scientist in the Classroom Mrs Goan Pizza Day	Breakfast Program Social worker and CHIMO worker in school	PA Day Teachers writing report cards

Babysitting Course info - <https://sites.google.com/a/pvnccdsb.on.ca/stdominic/Babysit.pdf>

Mental Health Moment

PVNCCDSB is pleased to introduce our 2017-2020 Mind•Body•Spirit: Be Well Strategy for Mental Health and Well-Being.

Here are a few stress strategies to renew your spirit:

- Have faith in God.
- Connect with family and friends.
- Take care of the earth.
- Get involved in your community.
- Stand up for your beliefs

Learn more at:

pvn.cc/bewell



Be Well
#PVNCBeWell