



St Dominic Catholic Elementary School

Week at a Glance

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Week of February 5, 2018				
Monday February 5	Tuesday February 6	Wednesday February 7	Thursday February 8	Friday February 9
OT in building Mrs Piggott and Mrs Scully meeting with EAs during the day PM Mme Sullivan's class using kitchen 1pm Junior Achievement in library for grade 7 and 8 students 2pm Firemen in Mme Sullivan's class	PASTA ORDERS DUE Breakfast Program TEAM Tuesday NED Show Remember to wear your t-shirt AM Mme Sullivan's class visiting grandpals	Mrs Piggott at Director's mtg all day Pizza Day	Breakfast Program Social worker and CHIMO worker in school 10:30 am St Thomas in to meet with grade 8s about course options in grade 9	PASTA DAY from Boston Pizza All report cards to Mrs. Piggott for review

Mental Health Moment

PVNCCDSB is pleased to introduce our 2017-2020 Mind•Body•Spirit: Be Well Strategy for Mental Health and Well-Being.

Here are a few stress strategies to renew your spirit:

- Have faith in God.
- Connect with family and friends.
- Take care of the earth.
- Get involved in your community.
- Stand up for your beliefs

Learn more at:

pvn.cc/bewell

